Dental Practitioner Support

Promotions & Awareness Pack

Supporting the health and wellbeing of Australia's dental practitioners

24/7 Telephone Support

Call any time - day or night - and speak with an experienced support professional who can help with any health or wellbeing concern.

Free & Confidential

Completely free to access. Your conversation is private.

Available Nationally

Supporting all dental practitioners across every state and territory - wherever you live and work in Australia.

Email Support Available

Can't call? You can also reach us via our email for support - we'll get back to you confidentially within 24 hours.

1800 377 700 | dpsupport.org.au | Available 24 hours a day, 7 days a week

Overview

Dental Practitioner Support is Australia's national confidential health support service for dental practitioners. When you call, you speak with an experienced support professional who can help with a wide range of health and wellbeing concerns - any time of the day or night.

This pack has been developed to help you share information about Dental Practitioner Support across your workplace, professional networks, and stakeholder communications. Inside you will find service descriptions, ready-to-use copy, and details of all that the service offers.

01 **About Dental Practitioner Support**
Who we are, what we do, and why it matters

02 **Core Service Descriptions**
Short and standard copy for publications, intranets, and social media

03 **Who We Support**
Practitioners, students, employers, educators, and family members

04 **Topic Library**
Online health and wellbeing resources available at dpsupport.org.au

05 **For Managers, Employers & Educators**
Supporting your team's health - guidance and resources for leaders

06 **Email / EDM Copy**
Ready-to-send email content for staff, managers, and stakeholders

07 **Contact & Access Details**
How to reach us and direct your workforce to support

About Dental Practitioner Support

Dental Practitioner Support is a national, free, confidential, 24/7 telephone and email support service for dental practitioners across Australia.

The service provides access to experienced support professionals who can help with a wide range of health and wellbeing concerns - from workplace stress and burnout to mental health, addiction, and personal challenges. Support is also available to students, employers, educators, and concerned family members.

Dental Practitioner Support is a Dental Board of Australia (DBA) initiative, operated by Turning Point - a leading addiction treatment, research, and education organisation, part of Eastern Health and formally affiliated with Monash University.

24/7 Telephone Support

Experienced counsellors available every hour of every day - no appointment needed, no waiting lists.

Free & Confidential

Completely free to use. Your conversation stays private.

Available Nationally

Supporting dental practitioners across all states and territories - wherever you practice in Australia.

Email Support

Can't talk right now? Use our email support service and we will respond confidentially at a time that suits you.

Core Service Descriptions

The following descriptions can be used in publications, newsletters, intranets, social media posts, and email signatures. Include a link to dpsupport.org.au alongside each description.

SHORT DESCRIPTION - for social posts, email signatures, posters

Dental Practitioner Support is a free, confidential, 24/7 national support service for dental practitioners across Australia.

When life gets challenging, we are here - any time, any concern. Call us or reach out via email.

1800 377 700 | dpsupport.org.au

STANDARD DESCRIPTION - for newsletters, intranets, EDMs

Dental Practitioner Support is a free, confidential, 24/7 national telephone and email support service for all dental practitioners in Australia - including dentists, dental prosthetists, oral health therapists, dental hygienists, dental therapists, and students of the professions.

When you call, you speak with an experienced support professional who can help with a broad range of health and wellbeing concerns - from workplace stress, burnout, and anxiety to personal challenges, addiction, and chronic pain. Support is also available to employers, educators, and concerned family members.

The service is completely free, and available around the clock.

No referral required. No cost. Available 24/7.

1800 377 700 | dpsupport.org.au | Email support: dpsupport.org.au/accessing-support/email-support

Who We Support

Dental Practitioner Support is available to a broad range of people across the dental profession and beyond. You don't have to be registered - students, educators, employers, and family members can all access the service.

Dental Practitioners

Dentists, dental prosthetists, oral health therapists, dental hygienists, and dental therapists - at any stage of their career and in any practice setting.

Recent Graduates

New practitioners adjusting to the responsibilities of registered practice - including managing patient relationships, clinical decision-making, and workplace dynamics.

Educators

Dental school educators and clinical supervisors who want guidance on identifying and responding to health concerns in students.

Students

Dental students navigating clinical placements, study stress, and the transition into the profession. Early support can make all the difference.

Employers & Managers

Practice owners, managers, and human resource departments looking to support their team's health and wellbeing or respond to a concern about an employee.

Family & Friends

Concerned family members or friends of a dental practitioner who are worried about their loved one's health or wellbeing.

SHORT DESCRIPTION - for publications and intranet

Dental Practitioner Support is available to all dental practitioners - dentists, dental prosthetists, oral health therapists, dental hygienists, dental therapists, and students. Support is also available to employers, educators, and family members concerned about a dental practitioner.

1800 377 700 | dpsupport.org.au

Topic Library

Free online resources - available anytime at dpsupport.org.au

The Dental Practitioner Support website hosts a library of free, evidence-based resources across the key areas that affect dental practitioners' health and wellbeing. All content is freely accessible - no login required.

Staying Healthy

Evidence-based information and tips on exercise, healthy eating, mindfulness, and sleep - the foundations of long-term wellbeing.

Workplace

Guidance on burnout, workplace stress, bullying and harassment - and a behaviour checklist to help identify when someone may need support.

Life

Support resources for addiction and chronic pain - two areas that can significantly affect a dental practitioner's ability to practise.

Mental Health

Practical guidance on anxiety, depression, and mental health self-care - plus how to access professional mental health support.

Professional Obligations

Information on health impairment, what the DBA and Ahpra do, and what to look for if you are a manager or educator.

Students & Graduates

Targeted information for students and recent graduates on assertive communication, the transition to practice, and navigating early career challenges.

DIRECT LINK - share with your workforce

Dental Practitioner Support has a free online resource library covering mental health, staying healthy, workplace wellbeing, professional obligations, and more.

Access the full topic library at: dpsupport.org.au

For Managers, Employers & Educators

Supporting your team's health - guidance for workplace leaders and educators

Any dental practitioner or student can be vulnerable to a health issue, regardless of their experience, role, gender, or age. As an employer, manager, or educator, you play a critical role in creating an environment where people feel safe to seek support early.

4 key strategies for supporting your workforce:

- Promote open communication about potential health issues within your team or classroom
- Build the confidence of employees and students to report concerns or issues early
- Provide education and information about the signs and symptoms of health impairment
- Encourage healthy practices and self-care amongst staff and students

If you are concerned about an employee or student:

You can call Dental Practitioner Support yourself or pass on our contact details to the person you are concerned about. The service is available to both practitioners and the people who support them.

Identifying health issues

Dental Practitioner Support has published an identifying health issues checklist - a practical tool for managers and educators to recognise when someone may need support.

Unidentified or untreated health issues can affect a practitioner's ability to practise safely

Access the checklist at:
Professional obligations | Dental Practitioner Support Service

SHORT DESCRIPTION - for managers, employers & educators

Dental Practitioner Support is available to employers, managers, and educators - not just practitioners. You can call on behalf of a team member you are concerned about, access resources to support your team's wellbeing, or refer an employee or student to the service.

Our service provides guidance on identifying health issues in your workforce and strategies for creating a healthier, safer working and learning environment.

1800 377 700 | dpsupport.org.au/workplace/managers-employers-educators

Email / EDM Copy

The following content can be sent via email or electronic direct mail (EDM) to staff, students, and stakeholders. Copy and paste the relevant sections, and include a link to dpsupport.org.au.

SUGGESTED SUBJECT LINES

Option 1: Free, confidential support - available 24/7 for every dental practitioner
Option 2: Your health matters - Dental Practitioner Support is here for you
Option 3: Support is a free call away - 1800 377 700, any time, any concern

EMAIL BODY COPY

Dental Practitioner Support is a free, confidential, 24/7 national telephone and email support service for dental practitioners across Australia.

When you call, you speak with an experienced counsellor who understands the demands of dental practice - and who can help with a broad range of health and wellbeing concerns, without judgement.

We can support you or someone in your team with:

- Workplace stress, burnout, and compassion fatigue
- Mental health concerns including anxiety and depression
- Personal challenges, addiction, and chronic pain
- Concerns about a colleague, student, or employee
- Guidance on professional obligations and the notification process
- Online health and wellbeing resources via dpsupport.org.au

No referral. No cost. Confidential. Available any time.

1800 377 700 | dpsupport.org.au
Email support: dpsupport.org.au/accessing-support/email-support

Contact & Access Details

Use the following details to direct dental practitioners to the right support, or to include contact information in your own publications and communications.

Phone - 24/7 support line *Free call, available 24 hours a day, 7 days a week*	**1800 377 700**
Email support *Submit a support request - we respond confidentially*	**dpsupport.org.au/accessing-support/email-support**
Website & resource library *Free articles, guides, and health information*	**dpsupport.org.au**
Managers & educators *Support and resources for workplace leaders*	**dpsupport.org.au/workplace/managers-employers-educators**
Students & graduates *Tailored guidance for students and new practitioners*	**dpsupport.org.au/students-and-graduates**
Professional obligations *DBA, Ahpra, health impairment, and the checklist*	**dpsupport.org.au/professional-obligations**

Your health matters. We are here.

Free • Confidential • 24/7 • National